



BULLETIN 2025

Charity Reg. No. 1191463

Dream Project

The EastHands Dream Project is an ambitious and forward-thinking initiative focused on establishing a multipurpose complex in Sylhet, Bangladesh. This facility is designed to support underprivileged children with special needs by offering a safe, nurturing environment equipped with vital resources. It will include educational areas, recreational zones, and a dedicated Information and Communication Technology (ICT) laboratory, ensuring a holistic approach to the children's development and overall well-being. With your support, we are hopeful to commence this transformative project in the near future, In Sha Allah.



OUR CHARITY JOURNEY

Alhamdulillah, our journey in charity has been both demanding and deeply fulfilling. We have grown steadily, always aiming to stand apart from other organisations by avoiding reliance on a single income stream and actively seeking partnerships with mainstream charities and funders. We're delighted to share that over the past year, we've begun collaborating with several leading funders, charities and local authorities.

All praise is due to Allah (SWT). We extend our heartfelt thanks to all our funders, donors, subscribers, supporters, sponsors, volunteers, and associates. Your unwavering generosity and commitment have been vital to our progress and our ability to serve both our community and humanity at large.

RECOGNITION FOR EASTHANDS CHARITY

In the last financial year, Easthands Charity was nominated for two prestigious awards. One was the King's Award for Voluntary Organisation Contribution, and the other was the Tower Hamlets Third Sector Award for Best Small Voluntary Organisation. This marks a remarkable journey and a proud achievement for a small organisation making a meaningful impact. In previous year, Rumana Afroz Rakhi, EastHands Charity's

senior volunteer coordinator, has been honoured with the 'Female Volunteer' Award by the London Tower Hamlets Council.

FUNDING HIGHLIGHTS

This year, we are proud to have secured grants and unrestricted funding from a range of generous funders and individuals. These contributions enable us to deliver impactful programmes and services that respond to local priorities and foster inclusive growth. Thank you for your continued support.

OUR VALUED FUNDERS INCLUDE



MAKING EASTHANDS PROUD

Ahad Chowdhury Babu is a caring and dedicated person who works hard to help others. He supports people in need through various charity activities and offers a helping hand whenever possible. Besides his charity work, Ahad also organises workshops on reducing carbon emissions. These workshops teach practical ways to lower harmful gases that cause climate change. Ahad Chowdhury Babu is an inspiring person who encourages others to help people and take care of the environment, step by step.



Every week, **Coach Suhan Khan** runs exciting youth badminton sessions, helping young players improve their skills, fitness, and confidence. His friendly teaching style makes learning fun for everyone. Coach Suhan also organises special trips, giving the kids a chance to experience badminton beyond the regular sessions. His dedication is helping to grow a love for the sport in our community.

Meet Shaleh Ahmed, a passionate and dedicated volunteer with EastHands. Shaleh brings his love for organic gardening to life by cultivating a vibrant array of vegetables in his own back garden and allotment. His commitment to sustainable living is a family affair—his wife, **Hamida Idris**, shares her enthusiasm for organic produce and often joins her in nurturing their green haven. Together, they embody the spirit of community, sustainability, and self-reliance that EastHands celebrates.



Kinu Miah is one of EastHabs' most dedicated volunteers. He always gives his time and energy to help the community, whether it's supporting events, lending a hand to neighbours, or making sure things run smoothly behind the scenes. Kinu's friendly nature and willingness to help make a big difference. We are grateful for his hard work and commitment to making EastHabs a better place for everyone.

WORKSHOP ON HEALTH & MOBILITY

A workshop dedicated to health, wellbeing, and mobility enhancement took place on Saturday, 23 November 2024 at Aberfield Neighbourhood Centre in Poplar, East London. Organised by EastHands in partnership with Rehabilitation (Wonder) Ltd, a



specialist organisation supporting the elderly and individuals with neurodegenerative conditions, the event was co-hosted by Tower Hamlets Carers Association. The session opened with a welcome speech by journalist and project coordinator Ahad Chowdhury Babu and was moderated by Md. Jamil Bhuiyan, Volunteer Director of Wonder. Mohammad N. Uddin (HCPC, MCSP) presented on chronic neuro musculoskeletal conditions, while Wonder Director Muhammad R. Karim Palash (HCPC, MCSP, NHS) discussed strategies for preventing frailty and falls, emphasising the role of exercise and mobility. Group activities aimed at promoting independence and autonomy were led by Muhammad R. Karim Palash, Mohammad N. Uddin, and Md. Zahirul Haque. Special guest Associate Professor Shah Jalal Sarkar from UCL Queen Square Institute of Neurology and advisor to Wonder was also present. Certificates were distributed by A.S.M. Masum, CEO of EastHands. Liton Ahmed, Secretary of Tower Hamlets Carers Association, delivered a vote of thanks. Additional contributions came from advisors Shahan Chowdhury, Jaglu Khan, and Redwan Ahmed.

SKILLS DEVELOPMENT SESSION

EastHands held its capacity-building workshop at the London Bangla Press Club office. The event, attended by over 30 participants, marked the culmination of a series of targeted training sessions aimed at equipping staff, trustees, volunteers, committee members and others with the skills necessary to strengthen their community engagement and support services. The workshop was facilitated by third-sector specialist Shweb Ahmed and chartered accountant Muhit Uddin, who guided participants through key aspects of community service delivery. Certificates of Completion were presented to all participants in recognition of their dedication to the cause. This initiative was funded by Tower Hamlets Council.



FREE MOBILE PHONES DISTRIBUTED



We successfully distributed 40 high-quality mobile phones on Friday, 20 September, in partnership with the Good Things Foundation. The giveaway event was held at the London Bangla Press Club Office and was attended by community activists, EastHands volunteers, and trustees. This initiative is part of our ongoing effort to support financially struggling individuals and low-income families, who are increasingly unable to afford essential mobile technology due to the rising cost of living. This follows EastHands' previous campaign of distributing free SIM cards in collaboration with Virgin Mobile, Three G Mobile, and Vodafone, which received an overwhelmingly positive response from the local community. The addition of mobile devices aims to further bridge the digital divide and ensure vulnerable groups have access to vital digital tools. The London Bangla Press Club's smartphone distribution event was attended by EastHands Trustee and Chairman Nabab Uddin, London Bangla Press Club President Muhammad Jubair, Trustee Babul Haque, CEO A. S. M. Masum, Journalist and Football Coordinator Ahad Chowdhury Babu, Volunteer Coordinator Rumana Rakhi, Kinu Miah, Mohammad Abdul Quaiyum, Biswadip Das, EastHands Ambassador and Journalist Polly Rahman, and many others who continue to champion digital inclusion in our communities.

FREE BADMINTON SESSIONS FOR BOYS AND GIRLS

Young people in Tower Hamlets now have the exciting opportunity to enjoy free badminton sessions every Saturday at the London Enterprise Academy. The EastHands Badminton Women & Girls Session runs from 3:30 pm to 5:30 pm, and the Boys Session runs from 5:30 pm to 7:30 pm. Both are open to anyone aged 9 to 19 years. The girls' sessions are led by experienced players Abdul Muktedir Shamim and Fahima Nipa, with support from volunteers Lima and Humayra. The boys' sessions are led by Suhan Khan, a Level 2 Badminton England Qualified Coach. These weekly meetups aim to inspire young people to stay active, build skills, and enjoy the fun of sport in a friendly, inclusive environment. So, grab your sports shoes and join the action – no excuses, just badminton!



FREE FOOTBALL SESSIONS FOR CHILDREN



EastHands, in partnership with Sportif, is delighted to offer free weekly football sessions for children aged 6 to 12. These friendly and engaging sessions take place every Saturday from 2:00 pm to 3:00 pm at Stepney Green Park, Tower Hamlets. They are ideal for young people who enjoy football, want to develop new skills, stay active, and make friends in a safe, supportive environment. The programme is part of an initiative supported by GoLondon (GLA), which aims to inspire and empower young people through the power of sport. All sessions are delivered by qualified coaches who ensure activities are fun, inclusive, and tailored to suit all ability levels. Whether your child is new to the game or already a budding footballer, these sessions provide a fantastic opportunity to learn, play, and grow in confidence – all for free.

UNITY IN DIVERSITY

Celebrating Victory Day The Brady Arts Centre came alive with an evening of memories, patriotic songs, dance, and poetry during the celebration of Bangladesh Victory Day on Sunday, 15 December 2024. Organised in association with the Sattyen Sen School of Performing Arts and Bangladesh Udichi Shilpigosthi, the event marked a significant moment of unity and cultural appreciation, honouring the historic importance of Bangladesh's independence. The hall was filled with audiences of all ages who enjoyed a diverse programme featuring traditional jari songs, contemporary dance performances, music, poetry recitations, and speeches reflecting on the meaning of Bangladesh's Independence and Victory Day. The programme opened with remarks from journalist Saiyem Chowdhury, speaking on behalf of the EastHands charity. This was followed by speeches from Nurul Islam of the Sattyen Sen School, freedom fighters Dewan Gaus Sultan and Lukman Hussain, poet Shamim Azad, Councillor Jusna Islam (Redbridge Council), Dr. Rafiqul Hasan Khan, and other distinguished guests, all reflecting on the significance of the day. The chief guest, Rushanara Ali MP, and special guest Councillor Kamrul Hussain (Cabinet Member for Culture and Recreation) delivered inspiring messages on the enduring values of freedom and cultural heritage. Overall coordination of the Victory Day celebration was led by Gopal Das. Children and young members of the community charmed the audience with music and dance performances, while poetry recitations offered moving and evocative reflections on history. The event was hosted by Amina Ali. This year's Victory Day celebration was supported financially by Tower Hamlets Council.



WORKING TOGETHER

Easthands is working together with the **London Bangla Press Club** to run a fun After School Club for kids, proudly supported by BBC Children in Need. We have also teamed up with **London Sportif** to bring young people free football sessions every Saturday a great way to stay active, make friends, and build skills. It's all about giving our community's children and young people more opportunities to learn, play, and shine!



RAMADAN FUNDRAISING SUCCESS



Last Ramadan, Easthands held a bucket collection at East London Mosque, raising an incredible £4,000. These generous contributions will go towards building an educational and recreational centre in Bangladesh for underprivileged children with special needs. We are deeply grateful to our donors and the community for making this life-changing project possible.

WEBSITE MADE SIMPLER!

The new EastHands website is now faster and more user-friendly, making it easier than ever to browse and find what you need. We've introduced a clean layout with well-organised design, clear headings, and readable text to enhance the overall experience. Navigation is straightforward, with clearly visible buttons and links that are simple to understand. The site is fully mobile-friendly, ensuring smooth performance across phones, tablets, and computers. We've also added a Bengali-language page for users who prefer to read the news in Bengali.



INSPIRING YOUTH THROUGH SPORT

Badminton 4 All is a lively and welcoming project aimed at young people aged 9 to 18 in Tower Hamlets. It uses sport to bring the community together and help young people grow. The programme runs from February to August 2025 and offers free badminton sessions every Saturday afternoon at the London Enterprise Academy. These sessions are open to both boys and girls.

During the February half-term, the group went beyond the local courts. They enjoyed a fun coach trip to the Milton Keynes Badminton Museum, where they learned about the sport's history. They also travelled to Birmingham NEC to watch top national badminton players compete – a truly exciting and inspiring experience.

This project shows how sport can connect people, open up new possibilities, and give young people a chance to grow both on and off the court. Badminton 4 All is funded by the London Borough of Tower Hamlets.



LAPTOPS FOR AFTER SCHOOL CLUB!



Metropolitan Thames Valley Housing has generously donated 10 refurbished laptops to Easthands. These devices will be a huge boost to our after-school club for young children, helping them access educational resources, develop digital skills, and enjoy creative activities. This vital programme is proudly funded by BBC Children in Need, and the support from Metropolitan Thames Valley will make a real difference in the lives of the children we serve.

BBC CHILDREN IN NEED: SUPPORTING FAMILIES IN CRISIS

In July, EastHands proudly launched its partnership with the BBC Children in Need Emergency Essentials Programme, administered by Family Fund Business Services. This initiative supports vulnerable children under 17 by providing essential household items, primarily white goods and furniture to families in urgent need. Cllr Rebeka Sultana has been working closely with local residents to identify needs and refer cases to EastHands for emergency essentials. We have delivered critical support to households, including fridges and fridge-freezers, helping ease the financial burden on struggling families. Cllr Rebeka Sultana of Bethnal Green East, Tower Hamlets praised the programme, saying: "It's a great initiative by EastHands to support families who are struggling to buy essential emergency items. EastHands is truly helping our local community with the support of BBC Children in Need."

We remain committed to continuing this vital work and making a tangible difference in the lives of children and families across our community.



BE PART OF SOMETHING MEANINGFUL

Volunteers are the heart of EastHands. Their time, energy, and compassion help us extend our reach and deepen our impact across the community. If you're interested in volunteering with EastHands, please email easthandsuk@gmail.com. Your support means the world as we work together to make a positive impact in our community.



RUNNER



ALPHA DESIGN

YOUTH BADMINTON TOURNAMENT



A mini-internal Youth Badminton Tournament took place on Saturday in 2024 at London Enterprise Academy. The event brought together around 20 young players from across Tower Hamlets and nearby areas to compete and showcase the skills they've developed during regular training sessions. The tournament was not only about winning but also about promoting sportsmanship, teamwork, and creating lasting memories. A proud parent expressed their appreciation for the positive impact the event had on the young participants. The winners of the tournament were Tawhid and Soban. Ismail and Mostak secured the runner-up position, while Raju and Murad came in third place. The event was managed by Coach Suhan Khan, with special thanks to Habib Rahman, Abdul Mukhtar Shamim, and Fahima Nipa for their valuable support.

COMMITMENT TO A GREENER FUTURE

Easthands Charity is strongly dedicated to addressing the urgent challenge of carbon emissions and promoting a healthier, more sustainable environment for everyone. Over the years, we've proudly partnered with a variety of organisations to deliver impactful projects that raise awareness about carbon reduction, encourage sustainable behaviour, and offer practical, everyday solutions for greener living. Our initiatives are deeply rooted in community engagement and environmental responsibility. Thanks to the generous support of partners like Crane Valley and the City Bridge Foundation, we continue to inspire meaningful action and make sustainability a realistic and achievable goal for individuals and communities alike.



CARBON WORKSHOP



The first workshop of the City Bridge Foundation project was held at the London Bangla Press Club on 14 May 2025, facilitated by Dr. Zaki Rezawa Anwar, saw the enthusiastic participation of more than 35 local residents, both male and female, who engaged in an interactive session aimed at fostering a deeper understanding of environmental issues and personal health and wellness.

This innovative workshop is part of a broader initiative funded by the CityBridge Foundation, designed to empower residents with knowledge and practical measures to reduce their carbon footprint.

The inaugural workshop was a resounding success, setting a positive tone for future sessions. Participants left with a greater understanding of how they can contribute to a healthier environment and improve their own well-being.

The workshop session was conducted by Senior Volunteer Rumana Rakhi. The welcome speech and short promo video were presented by CEO and advisor ASM Masum. Overall management was by Ahad Chowdhury Babu and supported by Volunteer Kinu Miah. Certificates were presented to participants by EastHands Trustee Babul Hogue, senior journalist Rahmat Ali, Tower Hamlets Carers Association's President Zahed Miah, Secretary Liton Ahmed, Shahan Ahmed Chowdhury, and ZiggLah Khan. Apu Roy and Khaled Masud Roni were also present at the workshop. The workshop session was supported by the Tower Hamlets Carers Association.

EMPOWERING SENIORS THROUGH ENVIRONMENTAL EDUCATION

The second workshop of the City Bridge Foundation project was held on Wednesday, 2 July 2026, at the Kingdom Solicitor office hall, Ilford, Redbridge borough., facilitated by Dr. Zaki Rezwana Anwar, saw the enthusiastic participation of more than 30 local senior citizens, who engaged in an interactive session aimed at fostering a deeper understanding of environmental issues and personal health and wellness. Participants left with a greater understanding of how they can contribute to a healthier environment and improve their own well-being.

The workshop session was conducted by Carbon Project In-Charge Ahad Chowdhury Babu. The welcome speech was given by Trustee Babul Hoque and senior journalist and barrister Tareq Chowdhury, and was supported by EastHands volunteers Kinu Miah and Towhid Chowdhury. Certificates were presented to participants by Barrister Tareq Chowdhury, Dr. Zaki Rezwana Anwar, and Ahad Chowdhury Babu. The workshop session was supported by Akila Nur Foundation and Kingdom Solicitor.



GREEN INITIATIVE WORKSHOP

The Green Initiative Workshop was successfully held on Saturday, 17 August 2024, at Sheesh Mahal, Twickenham. It attracted a diverse group of over 35 local attendees, including Ruth Cadbury MP, Councillor Samia, Councillor Rhys Williams, community leaders, and residents.

The workshop was jointly organised by EastHands Charity and Isleworth Deen Centre, with the support of Crane Valley and Groundwork London. The event commenced with a warm welcome from Nobab Uddin, Chair of EastHands, and Imam Syed Abu Ansary, representing the Isleworth Deen Centre. Both speakers emphasised the critical importance of community engagement in environmental issues, highlighting the workshop's goals to educate, promote awareness, and encourage active participation in creating a sustainable future.



CHARITY BADMINTON: MEDIA BRIEFING



A media briefing took place on 14 June 2024 at a venue in East London to promote an upcoming charity badminton tournament. The event showcased the achievements of Easthands and introduced the tournament, which aims to raise funds for projects supporting children with special needs in Bangladesh. This year's tournament is scheduled for Sunday, 21 July at Redbridge Sports Centre, with over 200 players expected to take part. The funds raised will benefit children who are blind, mute, or differently abled.

AFTER SCHOOL CLUB LAUNCH

The After School Club has been launched through a joint initiative by the London Bangla Press Club and EastHands Charity. To mark the beginning of the course, an inauguration event was held on the afternoon of Friday, 16 May, at the Press Club office. The event was presided over by Club President Muhammad Jubair and hosted by General Secretary Taisir Mahmud. EastHands Chair Nobab Uddin



provided detailed information about the course. The event featured speeches from former Press Club President Mohammad Emdadul Haque Chowdhury, former Vice President Rahmat Ali, senior journalist and EastHands advisor Abdul Munim Jahedi Karol, EastHands CEO A.S.M. Masum, trustee Bablul Haque, journalists M.A. Qaiyum and Enam Chowdhury, senior news presenter Shamsul Talukder, club member Hasnat Chowdhury, Shirsho Bindu online news editor Atiqur Rahman Sumon, and volunteer Kinu Miah.



The project will be led by qualified teacher Abdul Muqtadir Shamim, with overall coordination by Rupi Amin, Events and Facilities Secretary of the Press Club. The After School Club sessions are part of the BBC Children in Need two-year programme run by EastHands.

HOLBORN MOSQUE RAISES £22,659



EastHands was honoured to be the chosen charity of the Holborn Muslim Community & Welfare Association, in recognition of its outstanding support and generosity. Between 1 June 2024 and 31 March 2025, the mosque and its community raised an incredible £22,659 in support of children with special needs in Bangladesh.

This remarkable achievement reflects the compassion, unity, and dedication of the Holborn community. On behalf of EastHands, we extend our heartfelt gratitude to the mosque committee and all those who contributed—especially Vice Chair Abdus Shahid Moshin. May Allah reward everyone involved abundantly in this world and the Hereafter. Ameen.

EASTHANDS' BADMINTON TOURNAMENT CONCLUDES SUCCESSFULLY



On Sunday, 21 July 2024, the EastHands Charity held its third badminton tournament at Redbridge Sports Centre to support underprivileged children in Bangladesh, especially those who are blind, mute, or hearing-impaired. The event attracted nearly 220 players from across the UK, making it one of the largest of its kind in the British Bangladeshi community. The opening ceremony began at 11:30 AM and was launched by Nobab Uddin, Chair of EastHands. He highlighted that a major permanent project is already underway in Bangladesh for children with special needs, and the funds raised from this tournament will directly support that initiative. In Category A, Shamim and William won first place, Jewel and Abid were runners-up, and Makbul and Oli came third. In Category C, Ribu and Riyad were the winners, followed by Zubair and Alim in second place, and Al-Amin and Zain in third.

Category D saw Ali and Suman as winners, Imtiaz and Elias as runners-up, and Mukit and Rahat in third place. In the Special Category, Ehiya and Numan won, Jamal Khan and Belal were runners-up, and Babulul Haque and Md. Zahedi Carol took third place. Trophies and cash prizes were awarded by distinguished guests including Sami Sanaullah, Tofazzal Miah, M.A. Munim Salik, Councillor Harun, Jyotsna Islam, Md. Delwar Hossain, Imamul Islam, Ali Md. Zakaria, M.A. Rahim, Abdur Rahman, Md. Akhtar, Md. Badruzzaman, and Dr. Ruhab Uddin.

The event was coordinated by key EastHands figures including A.S.M. Masum, Babulul Haque, Md. Abdul Munim Jahedi Carol, Ataur Rahman, Fakhru Islam, Saleh Ahmed, Ahad Chowdhury Babu, Nasir Uddin, Mahid Chowdhury, Jamal Khan, Md. Emon, Shamsul Haque Ehiya, Suhan Khan, Md. Nasir, and volunteers Nahid Jaigirdar, Abdus Shahid Moshin, Kinu Miah, Junior Kinu, and others.



RAMADAN FOOD DISTRIBUTION



During the last Ramadan, EastHands extended its support to underprivileged families by distributing essential food packs to over 300 households across Sunamganj, Sylhet, Fenchugonj, and Moulvibazar. These food packs were

designed to help families prepare Iftar and Suhoor meals, easing their financial burden during the holy month. Through this initiative, EastHands aimed to bring relief, hope, and a sense of togetherness to those facing hardship, ensuring that more people could share in the blessings of Ramadan.



EID GIFTS FOR STUDENTS IN BARISAL

Like every year, Easthands distributed Eid gifts at the High Care School for the Speech and Hearing Impaired in Banaripara, Barisal. On March 28, gifts were handed to differently abled students. The event was attended by the school's director, Russell Bakhsh, along with Zubair Ahmed, Sajal Das, Kamrul Islam, Imran Ahmed, Junayed Ahmed, and Radian Ahmed.



EID CLOTHES GIVEN TO CHILDREN IN SYLHET



About 200 poor, underprivileged, and physically disabled children in Bangladesh's Sylhet division received new clothes as Eid gifts. Boys got shirts, panjabis, and t-shirts, while girls received frocks.

The gifts were distributed in the villages of Tarol (Dirai upazila, Sunamganj) and Gojia, Borohajipur, and Bagalpur (Osmaninagar upazila, Sylhet). The children were thrilled with their bright and beautiful Eid clothes, and both they and their parents gave heartfelt thanks to EastHands Charity. Special thanks went to journalist Ibrahim Khalil, who started the project and personally delivered the gifts in Sylhet.

STUDENTS GET FIRST AID AND HEALTH TRAINING AT SHAMSHERNAGAR HOSPITAL

For the first time, Shamshernagar Hospital in Moulavibazar ran a full-day first aid and health awareness training for local school students on Sunday, April 13. The event was funded by East Hands International Charity.

Sixty students from schools in Shamshernagar and Kamalganj took part. They learned how to handle emergencies like accidents, bleeding, burns, and unconsciousness, and practised basic first aid skills like bandaging. Doctors and health workers from the hospital led the training, dividing students into small groups to help them learn better. The event opened with a speech from Selim Chowdhury, who stressed the importance of teaching young people about health and first aid. Other speakers included hospital leaders and a UK-based community representative. Teachers, parents, and hospital staff attended and praised the initiative. Students received certificates and said they felt more confident and better prepared to help others in emergencies. The hospital plans to run more sessions like this in the future, and schools are encouraging regular training for students.



IN LOVING MEMORY OF SHAHIN ZAMAN BHUIYAN



In honour of the late journalist Shahin Zaman Bhuiyan, a clean water project was initiated to reflect her lifelong commitment to community welfare. Through this initiative, a number of tubewells have been successfully installed in Sunamganj and Rajshahi, bringing safe and sustainable water access to underserved communities.

This meaningful project was made possible with the generous support of Shahin's friends and well-wishers, who came together to carry forward his legacy after his passing last year. Their contribution stands as a testament to the impact he made during his life – and continues to make beyond it.

MULTIPURPOSE CENTRE FOR CHILDREN WITH DISABILITIES TO BE BUILT IN SYLHET

On 17 February 2025, a press conference was held at a hotel in Sylhet where Nobab Uddin, former President of the London Bangla Press Club, Editor of Janomot UK, and Chair of the EastHands Charity, announced plans to establish a state-of-the-art multipurpose centre in Sylhet for children with disabilities and special needs. The facility, designed to meet international standards, will offer free services aimed at empowering differently-abled children and adolescents with new opportunities and experiences. During the event, Nobab Uddin urged local journalists and community members to support the initiative and also revealed plans to develop a dedicated recreation centre for senior citizens alongside the main project. The press conference was conducted by journalist Moin Uddin Manju and featured remarks from several distinguished guests, including trustee and coordinator Bablu Haque, Treasurer of the London Bangla Press Club Shaleh Ahmed, EastHands Ambassador Poly Rahman, former Sylhet Press Club President Muktabis Un Noor, current President Ikramul Kabir, District Press Club President Moin Uddin, and IMJA President Ashrafal Kabir. The event was attended by a wide range of media professionals, including former Sylhet Press Club Presidents Iqbal Siddiqui and Ahmed Noor, Vice President Khaled Ahmed, Acting President of the Bangladesh Photojournalist Association Sylhet Division Yusuf Ali, and EastHands Sylhet Team member Anil Kumar Pal.



Want to Volunteer?



INTERESTED IN VOLUNTEERING?

If anyone is interested in volunteering for the EastHands charity, please fill out the attached form and send it back to the email: easthandsuk@gmail.com. Your support and participation are greatly appreciated as we work together to make a positive impact in our community. Thank you for considering this opportunity to contribute your time and effort to a worthy cause.

HOW TO DONATE

Donate directly to our bank account or through popular fundraising platforms like JustGiving. Your generosity makes a significant impact on our community. Here are many ways you can support or donate to EastHands Charity



Credit/Debit Card

You can safely and securely make one off donation/payment to the below bank account, please quote the appeal as reference.

ACCOUNT NAME: EASTHANDS
ACCOUNT NO: 46581060
SORT CODE: 30-91-91

Regular Giving:

You can set up a regular monthly donation/contribution to EastHands charity.

Account Name: EastHands
Account No: 46581060
Sort Code: 30-91-91



EASTHANDS



SCAN QR CODE FOR DONATION

Support our cause effortlessly! Scan the QR codes available throughout our website to make quick and secure donations. Your contributions help us continue our mission.



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